



NAAP News

Uniting the Schools of Thought

World Organization and Public Education Corporation - National Association for the Advancement of Psychoanalysis

Volume 31 Number 4

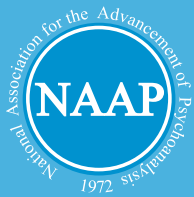


Listening in the @ge of Google

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Fall 2008



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Unless noted, no printed matter in NAAP News, reflects the endorsement of official position of the National Association for the Advancement of Psychoanalysis or NAAP News.

LISTENING IN THE AGE OF GOOGLE

Time's running out to sign up for NAAP's 2008 Conference, Listening in the Age of Google: Clinical Perspectives and Social Action. NAAP's 36th Annual Conference takes place on Saturday, October 18 at Fordham University School of Social Work. Seating is limited, so don't delay, register today!

Download the Brochure & Registration from www.naap.org or see back cover for more info.

LISTENING AND REFLECTING IN OUR MEDIA AGE

DAVID A. ANDELMAN Andelman@worldpolicy.org



Editor of World Policy Journal, author of *A Shattered Peace: Versailles 1919 and the Price We Pay Today* (Wiley), and former executive editor of Forbes.com, David Andelman has reported from Europe, Asia, Africa, and the Middle East as a foreign correspondent for *The New York Times* and CBS News. He has also served as Washington correspondent for CNBC, senior editor of Bloomberg News, and business editor of the *New York Daily News*, and he is a member of the Council on Foreign Relations. David Andelman lives in New York City and Canadensis, PA with his wife, Pamela Title.

THE LISTENING CURE: METAPHORICAL RESONANCES AND THE THIRD EAR

MICHAEL VANNOY ADAMS adamsmv@aol.com www.jungnewyork.com



Michael Vannoy Adams is a Jungian psychoanalyst in New York City. He is a clinical associate professor at the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis and a faculty member at the Jungian Psychoanalytic Association, the Object Relations Institute, and The New School. He is the author of three books – *The Fantasy Principle: Psychoanalysis of the Imagination*, *The Mythological Unconscious*, and *The Multicultural Imagination: "Race," Color, and the Unconscious*.

BELONGING IN COMMUNITY IN DIGNITY WITH OTHERS: PATRIARCHY AND HUMAN RIGHTS



SHULAMITH KOENIG pdhre@igc.org www.pdhre.org

Shulamith Koenig is the 2003 recipient of the UN Human Rights Award. In 1989, she founded PDHRE - the People's Movement for Human Rights Learning - and has facilitated dialogue and training about human rights as a way of life and the development of human rights cities. Koenig has written and published numerous articles, training videos, and manuals.

THEIR VERSAILLES AND OURS: THE ROLE OF THE INTERNET IN BRINGING ABOUT ORGANIZATIONAL CHANGE IN APSaA

ARNOLD D. RICHARDS arniedr@aol.com www.internationalpsychoanalytic.net



Arnold Richards is a training and supervising analyst at the New York Psychoanalytic Institute and a former editor both of *JAPA* (1994-2003) and *The American Psychoanalyst* (1989-1994). He is on the faculties at NYU and Mount Sinai Medical Schools, Department of Psychiatry. Richards is a member of APA Division 39, Section I and the New York Freudian Society, and an honorary member of the Karen Horney Clinic and the New Jersey Psychoanalytic Society.



Jennifer Harper

Good news is great to get, and I am pleased to share some with you. After many months of communication and work with the Office of Professions, Department of Education (NY), we have received official clarification on July 28, 2008 from David Hamilton, PhD, LMSW, Executive Secretary, OP, concerning the Training Analysis.

With respect to regulation of licensure-qualifying psychoanalytic training programs, his letter outlines the rights of candidates to choose their training analyst from among qualified (trained) analysts, regardless of institutional affiliation. He acknowledges the Institutes' authority to preserve a fee range (rather than set fees) for the training analysis. This ensures financial access to this education experience for all candidates, while protecting incentives for senior analysts to avail themselves to the important vocation of candidate training.

Also, articulated in the regulatory language is the requisite confidentiality that is central to the analytic relationship. This is critical. The relationship itself is carefully bound between the analyst and analysand: "[t]he selection of an analyst and the payment of the fees is the responsibility of the student, with the guidance of the registered program." (Letter of Clarifications, David Hamilton, PhD, LMSW, Executive Secretary, OP, July 28, 2008.)

We at NAAP are deeply appreciative of the Department's efforts to study and understand this particular component of our programs. Through our discussions with Dr. Hamilton and representatives of the OP, we believe the best possible outcome for accommodating the unique needs of our training model has been achieved.

The inclusion of the training analysis in statutory language for licensing in New York State placed this relationship under the regulatory scope of the Department of Education. In turn, this created unique challenges for the OP with respect to program oversight. With the need to regulate educational programs that train professionals who serve the public, analytic training programs present certain dilemmas to usual education department regulatory models. Namely, the training analysis was vulnerable to being modeled after laboratory experience and assigned to the Institution as tuition-based education.

Training Analysis is central to our education. We at NAAP have been concerned to preserve its authenticity, while under regulation, so as to protect its unique ability to provide the deepest formation for analytic training. All didactic and experience aspects of our training, including coursework, clinical experience, and supervision, incarnate within the transformational process of a training analysis – when all goes well. As analysts, we understand the intrinsic contract that rests solely between analyst and analysand to effect a genuine analysis, and to create the unique educational experience that it alone offers; when two come together and strike an agreement to engage the healing and transforming needs of One – who chooses to be deeply engaged in that process with Another. This is not *quite* a laboratory exercise... and understandably it required some extra regulatory considerations.

I am pleased to report this successful outcome of our ongoing work with the OP. It serves to remind us that care, concern, and vigilance does exercise effective guardianship over the legislative and regulatory aspects of our work. Indeed, bureaucratic and regulatory requirements can be related to relational process. I commend the diligent work of Dr. Hamilton, and members of the OP, for their considered judgment and the flexibility they have shown to create regulatory frames for our programs that contain and preserve the heartbeat of how we train.

Jennifer Harper

NAAP NEWS Summer 2008 Errata

In the last issue of *NAAP News*, we erroneously assigned the second name of Wiener to baby Kika. Her real name is Kika Dunayevich. *NAAP News* apologizes for any confusion or upset this may have caused.

Gradiva Award Nominee Jack Drescher was incorrectly listed as Jack Dressler ("From Bisexuality to Intersexuality," by Jack Drescher, M.D. *Contemporary Psychoanalysis*, Vol. 43, No. 1: 204-228, 2007).

Gradiva Award Nominee Luigi Zoja's book title should have read: *Ethics and Analysis: Philosophical Perspectives and their Application in Therapy*, and not ...*Applications in Therapy*.

*Institute Spotlight will return in the Winter issue of *NAAP News*.

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REGULATING PSYCHOTHERAPISTS IN THE UNITED KINGDOM

by Ann Casement



Ann Casement

The statutory registration of psychotherapists has been a live issue in the U.K. since 1999 – the title “psychotherapist” being the generic title that includes psychoanalysts and psychotherapists. In February 1999, in my capacity as head of one of the voluntary regulatory bodies in the U.K., I met with Lord Alderdice and his

Special Adviser at the House of Lords. In the course of that meeting, Lord Alderdice offered to bring a Private Member’s Bill to register psychotherapists in the U.K. The thinking until then was that registration was a long way off, as there had been a failed attempt in 1981 and subsequent governments had made it clear they were not prepared to take any action. The above offer was the beginning of a flurry of activity that included meetings with Ministers and other Peers, combined with a series of meetings with stakeholders in the field chaired by Lord Alderdice at the House of Lords. The stakeholders included the Royal College of Psychiatrists, the British Psychological Society, the British Confederation of Psychotherapists (since re-named the British Psychoanalytic Council), the Tavistock, the Association for Psychoanalytic Psychotherapy in the National Health Service, and the United Kingdom Council for Psychotherapy.

In February 2001, the Bill brought by Lord Alderdice failed at Committee Stage when the Under-Secretary of State for Health, a Labour Peer, stated in the Chamber of the House of Lords that: “We are committed to the regulation of psychotherapy but we do not think that a stand-alone Bill...is the right way forward.” (Hansard, February 2001). He went on to point to an Order in Council, a statutory instrument different to a Bill, as the way forward for the regulation of psychotherapists, the preparatory work for which is ongoing.

In the course of this preparatory work, the professional bodies in the field have taken initiatives to improve practitioners’ knowledge and competence, their ethical practice, and the systems available to protect the public. The National Institute for Health and Clinical Excellence (NICE) publishes guidelines addressing issues such as clinical governance, new education and training initiatives, approaches to strengthening lifelong learning, and continuing professional development. The powers encapsulated in the 1999 Health Act can be used to give protection of title, and the Health Professions Council (HPC) is the regulatory body chosen by government to regulate psychotherapists and psychologists.

The British Psychological Society (BPS), after lengthy negotiations with the Department of Health (DH) and consulting widely with its subsystems and members, rejected the current proposal for statutory regulation by the Health Professions Council (HPC). This body currently regulates thirteen professions as follows: arts therapists, biomedical scientists, chiropractors/podiatrists, clinical scientists, dietitians, occupational therapists, operating department practitioners, orthoptists, paramedics, physiotherapists, prosthetists and orthotists, radiographers, and speech and language therapists. The then President of the BPS, Graham Powell, in an article in *The Psychologist*, stated: ‘We have many serious concerns about the suitability of the HPC as the regulator of psychologists.’ (*The Psychologist*, July 2005, p.394). The article spelled out the many reasons whereby the BPS has arrived at this position. In his valedictory article in the March 2006 issue, Graham Powell stated: ‘The Society is united in its request to government that a new regulatory body be created and is confident in this view... We have a track record now of standing up for our views and will continue to do so if the government’s next proposal continues to fail to regulate all psychologists who need regulating, (and) fails to protect standards...’ (*The Psychologist*, March 2006, p.131).

Ray Miller, BPS President in 2006, stated: ‘In 2005 members were clear that the HPC route on offer was seriously flawed. It did not guarantee the level of protection required to gain the confidence either of members of the public...it has to be a system that would be fit for purpose. That is why we shall continue to argue for a new regulatory council, which could serve not only us but also counselling and psychotherapy.’ (*The Psychologist*, September 2006, pp.515-6). As Michael Carpenter, the Membership and Qualifications Directorate Manager of the BPS put it: ‘The British Psychological Society’s primary concern is that the form of statutory regulation that is put in place should improve protection of the public.’ (*Personal communication*). The current position is that the draft Section 60 order has been circulated and consulted upon. The BPS is still in disagreement with the Department of Health (DH) over the issue of title, with the DH insisting on seven different adjectival titles whilst BPS is arguing for a single protected title of ‘psychologist.’ The BPS is also arguing that the threshold entry level for all registered psychologists should be a doctorate or equivalent. The DH nevertheless has a target date to finalize the secondary legislation by the autumn of 2008, and to open the register sometime in early 2009. The legislation will need to be agreed upon by the Scottish Parliament as well as the U.K. Parliament.

At one stage, the BPS had suggested a new, multi-professional, regulatory council – such as a General Psychological Council – as their ultimate goal. This followed on the Government publishing the Foster review (July 2006) on the regulation of the non-medical professions, which, along with the Donaldson Report on the regulation of doctors, set out the general principles that would govern future health regulation in the U.K. Included in these was the recommendation that there should be no new regulatory bodies which meant that psychotherapy would be regulated by the HPC. This was confirmed in February 2007 when Government published its White Paper entitled *Trust, Assurance and Safety – The Regulation of Health Professionals in the 21st Century*.

There followed a campaign for a Psychological Professions' Council, which effectively lapsed, and a group of five professional organizations came together with the purpose of engaging with Government over the substantive issues of concerns around the type of regulatory regime that HPC could provide. These organizations are situated in what is now called the Psychological Professions Alliance Group and includes: British Association for Behavioural and Cognitive Psychotherapies, British Psychoanalytic Council, British Psychological Society, British Association for Counselling and Psychotherapy, and United Kingdom Council for Psychotherapy. This Group has had a series of productive meetings with the HPC in recent months, and have a meeting planned with Gavin Lerner, the relatively new Head of Professional Regulation at the DH, in the early autumn of this year.

The British Psychoanalytic Council (BPC) has also set up an Education and Training Task Force, made up of two mem-

bers from each of its Member Institutions with relevant expertise in this area. The task force will be looking at how to gear up BPC's main clinical trainings in preparation for statutory regulation. This will include, amongst other things, the question of considering seeking external (higher education) validation for these trainings.

The latest intelligence is that HPC is now talking about achieving regulation by 2011. At the time of writing, little is known about any specific milestones between now and then, apart from the proposed establishment of an HPC Professional Liaison Group (PLG) in the late summer or early autumn of 2008. Of course, the introduction of a general election before 2011 will inevitably affect the timetable. The PLG will be asked to make recommendations based on both thorough reasons and meaningful consultation of the four central issues. These are:

- The structure of the register
- The protected titles
- The standards of proficiency
- The standards of education and training.

As part of the development of an effective regulatory structure, the DH commissioned Skills for Health (SfH), the Sector Skills Council for the UK health sector, to develop a set of National Occupational Standards (NOS) for psychotherapy. They are currently looking at four main modalities: CBT; psychoanalytic/dynamic; family/systemic; and humanistic/person-centred/process experiential. The title of the fourth modality has not been finally determined but that is the latest iteration.

The above is an extract from an article due to appear in the British Journal of Psychotherapy vol. 24.4 this fall.

MEMBER NEWS

Shulamith Sakin-Wolf will be presenting a workshop, "Alfred Adler and Buddhism: East-West and Beyond," at the 92nd Street Y on Monday, November 10, 7-8:30 p.m.

Both Buddhism and Adler's "Individual Psychology" stress the importance of a holistic existence for a purposeful and meaningful life. Learn to cultivate inner wisdom and joy by integrating Adler's concept of "social interest" (*Gemeinschaftsgefühl*) with Buddhism's meditative practices of "Loving-Kindness and Compassion." Learn to live creatively and peacefully with yourself and others.

Living in Proximity

by Roberto L. Slavin

The id, ego and superego
Live in proximity
But being close together
Does not mean there is harmony.
Like siblings in a family
Competition runs on high
"I" am most important
Your needs are nigh.

An Invitation from the Jungian Psychoanalytic Association
The Philip T. Zabriskie Lecture in Jungian Psychology

APHRODITE'S JUSTICE

James Hillman

Friday, November 21, 2008 - 7:30 p.m.
Rosenthal Pavilion, Kimmel Center - New York University
60 Washington Square South - New York, NY

The Philip T. Zabriskie Lecture is an annual public event, open to all with an interest in the psyche. Each year, the invited speaker is a Jungian analyst, a Jungian scholar, or an individual with expertise relevant to the future of the human experience. The Philip T. Zabriskie Lecture honors the memory of an eminent member of the New York Jungian community and a founding member of the Jungian Psychoanalytic Association (JPA).

Philip T. Zabriskie was a Jungian analyst for 33 years, chair of the board of trustees of the C.G. Jung Foundation of New York, president of the C.G. Jung Institute of New York, a member of the executive committee of the International Association for Analytical Psychology, a member of the board of trustees of the Archive for Research in Archetypal Symbolism, and a Rhodes Scholar at Balliol College of Oxford University.

The speaker for the 2008 Philip T. Zabriskie Lecture will be James Hillman, an internationally prominent Jungian analyst and the originator of "Archetypal Psychology." James Hillman is the author of more than twenty books – including *Re-Visioning Psychology*, delivered as the Terry Lectures at Yale University in 1972 and nominated for a Pulitzer Prize in 1975, and *The Soul's Code*, listed as a #1 bestseller by the *New York Times* in 1996. Among his many honors is the Medal of the Presidency of the Italian Republic.

For more information, contact Allison Langerak, the JPA administrator, by e-mail at allisonlangerak@gmail.com.

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This fall 2008 issue of *NAAP News* inaugurates our formal Opinion Page for readers' participation with the aim of benefiting open dialogue within our profession. Since the enactment of legislation (2002) in New York State that secured the independence of psychoanalysis as a profession, there has been growing debate and concern among the mental health professions about the realities and challenges that regulation presents for psychoanalytic practice. With this in mind, we are pleased to offer the opinions of three psychoanalysts herein who seek to discuss the much debated issue concerning our definitions of psychotherapy and psychoanalysis.

This Page is open to both members and non-members of NAAP. The statements herein reflect the opinions of their authors and **are not intended** to represent positions or actions taken by the Board of Trustees of NAAP for the advancement and protection of the independence of lay practitioners in our field. We hope that you will enjoy this Page and consider becoming a participant in this much needed conversation.

Jennifer R. Harper
 Editor-in-Chief, *NAAP News*
 President, NAAP

A United Response Is Required

by Judith Logue

In her "Politics and Bedfellows" President's column in the *Psychologist-Psychoanalyst* (XXVII, 2, Spring 2007), Nancy McWilliams reminds readers that the current social forces undermining psychoanalysis and the psychoanalytic therapies demand a "united response." Notwithstanding the serious differences between NAAP and many in Division 39 about what defines a psychoanalyst and what training qualifies one for that title, she applauds NAAP's passion for applied psychoanalysis and states that we are natural allies for Division 39.

When it comes to defending the examined life in an era of quick-fix therapies and knee-jerk pharmacology, we are also natural allies with the other members of the Psychoanalytic Consortium: the American Psychoanalytic Association (APsaA), the American Association for Psychoanalysis in Clinical Social Work (AAPCSW), and the Academy for Psychoanalysis and Dynamic Psychiatry ("the Academy").

I have been a NAAP member since 1982. As a 1978 graduate of the New York Center for Psychoanalytic Training, with current multiple affiliations in Division 39, ApsaA Task Forces, and AAPCSW, I benefited greatly from NAAP's pursuit of psychoanalytic legitimacy for the rest of us at a time when APsaA was claiming to be the sole arbiter of psychoanalysis. When I entered the field, the American institutes were restricting their training to physicians and a few research psychologists who promised not to practice, and were refusing to allow their members to supervise anyone outside their own institutes.

Although I appreciate NAAP's mission and ongoing work to protect the independence of psychoanalysis at a critical time in history, I would like to join Dr. McWilliams and others inside and outside NAAP, who, at a very different historical juncture, seek greater collaboration and cooperation among our organizations now. Between the 1986 lawsuit that opened APsaA up to non-physicians and the ascension of biological psychiatry that resulted in a radical decline in medical applicants to institutes, the American Psychoanalytic Association is becoming a significantly different organization than the one that was challenged several decades ago.

Their leaders have been gradually acknowledging the current reality that few patients are seeking multiple psychoanalytic sessions per week. Except for those treating candidates, most APsaA psychoanalysts are practicing psychoanalytic psychotherapy on a weekly basis. In this context, the old assumption that once- or twice-a-week therapy is a poor substitute for the "pure gold" of frequent meetings is eroding. It is hard to keep devaluing an activity that consti-



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tutes most of one's practice: in fact, many American institutes now offer special training in psychotherapy *per se*. At this historical juncture, if we are genuinely interested in joining forces with other psychoanalytic bodies, including APsaA, we may be wise to accept the traditional terminology in which "psychoanalytic therapy" is the term for therapeutic arrangements of once or twice a week and "psychoanalysis" the term for those of higher frequency. This shift would solve certain political and legal problems that have prevented our effective collaboration with other organizations.

If less frequent sessions are characterized by attention to transference, counter-transference, and resistance, they are not simply psycho-educational and supportive therapy; they are psychoanalytic psychotherapy. And within psychoanalytic communities, psychoanalytic psychotherapy is an increasingly respected and important practice. Is it now time, for reasons of survival — and for political and organizational collaboration and support — for us to be together on this? I am suggesting that we have succeeded brilliantly in securing a place for professionals from outside the "tri-disciplines" to practice, and at this point, I believe, we can afford to think about some compromises that can foster the greater good for the field as a whole.

My concern is that we not continue our state-by-state struggle against our fellow analysts in other groups, *without also collaborating with them* in defining our education, standards, and practice. To do so, I think, will bring about negative consequences for our entire profession, as outlined by Dr. Laurel Bass Wagner (*Culture and Society*, 2007, 12, 51-64). Then the painful and unintended consequences of our NAAP legal victories will be wrought on all of us. We may win the battle, but lose the war.

This is not to say we have an easy task. There are formidable obstacles and changes required of our respective organizations: NAAP, APsaA, Division 39, AAPCSW, and other groups sometimes criticized for rigidity, arrogance, and outdated attitudes and standards. We all need to get past our history and "close the museum" if we want to reestablish psychoanalysis as thriving and relevant for our culture today.

In conclusion, my plea is for increased objectivity and for us all to take the High Road. I do not believe we need to disenfranchise our fine institutes and graduates, or submit or succumb to standards and ideas that are anathema to promoting creativity, research, and innovation in psychoanalysis. I strongly wish (and even expect) that we consider giving up some of our terminological battles in the service of developing new and creative ways to combine our efforts politically and organizationally.

Pax Psychoanalytica

by Howard Covitz

It would be easier to respond to Judith Logue's thoughtful comments were I to disagree with them in any substantive manner. To the contrary, like her, I'm committed to *Pax Psychoanalytica*. I have traveled the Northeast Corridor for the past three years — sometimes alone, at times with an integrated panel of NAAP, APsaA, and Div 39 analysts — asking colleagues to reflect on how it is that, in spite of our training analyses, we analysts often hate each other and, furthermore, how it is that we choose to elect "generals" from among our most bellicose members to advance battles amongst our various groups (see, Covitz ... "The possibility of multiple models for Oedipal development." *American Journal of Psychoanalysis*, 67:162-180). Like Logue, I pay membership dues to many organizations that use my membership fees to promote and defend legislative battles against other organizations to which my/our dues are paid. I feel a bit like the Rat Man ...placing stones and removing them from the road in front of his beloved Gisela's carriage. Yuck! I wish this war would end.

It has been 101 years since Freud went after Adler (30 Oct/7 Nov 1907 — Minutes of Vienna) for the audacity of suggesting that analysis might not be a teachable activity. Since then, we've been in conflict. Even recently, when I have suggested to several organizations that we offer reduced member fees to those who belong to other groups, or suggested that we make peace with another organization, I was — more or less — greeted with: "We proffer not to such swine; they don't do it for us," or 'click!' when I was foolish enough to make the suggestion by phone.

Dr. Logue suggests we try to find a super-ordinate area of agreement — namely that we all practice analytic therapy. She calls for us to end the battle over using the title "psychoanalyst." While I think this is a worthy consideration that might offer some short-term benefits, I will offer a hypothesis and a subsequent recommendation.

Hypothesis: Peace, if it is to occur, will result from a process.

Many such processes are possible. One I favor might include a timeline that follows: (1) limited legislative 'disarmament' followed by (2) efforts of an ongoing reconciliation panel working toward (3) agreements that might be brought to the memberships for (4) ratification. Such a "privy council" might be convened to meet for an established period of time under given rules (perhaps similar to those Einstein enumerated [15 March 1930] in response to

a Palestinian letter-writer on solving the Arab-Israeli conflict): four non-politicians from each group who would meet in confidence and then bring their shared findings to the combined memberships for their approval. Einstein suggested a doctor, a lawyer, a labor representative, and an ecclesiastic from each group. We might striate by considering gender and age, or other classifications that could represent the broad spectrum of psychoanalytic interests.

We have other models available: Lord Alderdice's role in the Irish Peace Process and the rather successful and peaceful transition that occurred with the Truth and Reconciliation Commission in South Africa after the fall of apartheid, to cite two.

In closing, I don't know why Einstein recommended against the leaders of the warring parties getting together to hammer out a deal but one ought never underestimate good physicists, e.g., Waelder, Einstein, or their thinking about relationships. I surmise that Einstein feared that whatever allows our leaders to bring us to war bodes against the likelihood of their bringing us towards reconciliation. Take four seasoned warlords and put them in a room and I know of no historical evidence that would lead us to anticipate that a workable and sustainable solution would arise from their efforts.

In any case, it is my opinion that prior to considering specific recommendations such as those put forth by Dr. Logue, we opt for an armistice, a silencing of the guns and an opportunity for such a privy council to deliberate and offer potential processes that might lead to *Pax Psychoanalytica* in our time.

**Screenprint in colors of SIGMUND FREUD
by ANDY WARHOL**
(from "Ten Portraits of Jews of the Twentieth Century"). Signed and framed.
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Psychoanalyst or Psychoanalytic Psychotherapist?

by June Bernstein

"Psychoanalyst or Psychoanalytic Psychotherapist?" A rose by another name would smell as sweet... And perhaps our fragrance might be improved if we called ourselves 'psychoanalytic psychotherapists.' We could even reserve "psychoanalysis," as Freud did, for the six-times-a-week treatment of the two oedipal level disturbances: hysteria and the obsessional neuroses.

"Psychoanalysis" in our time has come to mean an expensive, three- to five-times-a-week enterprise conducted by a psychiatrist who has had some training in psychoanalysis, following years of medical school and a psychiatric residency. (Freud is on record as finding medical training poor preparation for understanding the unconscious.) The kind of "psychoanalysis" practiced by psychiatrists in the United States is very much in decline and has, at the moment, a terrible reputation. We ought to welcome any designation that distances us from it.

I don't object to being called a psychoanalytic psychotherapist, since it is a term that could include psychoanalysis (in whatever way it may be understood) as well as the widening scope of psychoanalytic treatments that deal with less traditional patients and techniques. I understand, from a recent conference I attended at Trinity College in Dublin, that standards for psychoanalytic psychotherapy are being established within the European Union. In Europe as well as in the United States, the sticking point for defining "psychoanalysis" seems to be over session frequency.

If we are successful in establishing standards for psychoanalytic psychotherapy, I would object to calling professionals licensed in other disciplines, e.g., social work, psychiatry, psychology, "psychoanalytic psychotherapists," unless they have had the relevant training. I would also object to the Consortium's insistence that those other disciplines be prerequisites for training in psychoanalytic therapy.

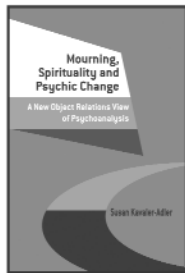
OFFICE SPACE

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Psychoanalyst Office for Rent in Brownstone.
Private entrance on tree-lined street.

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BOOKS & GROUPS by

SUSAN KAVALER-ADLER, PH.D., ABPP, NCPSYA



MOURNING, SPIRITUALITY & PSYCHIC CHANGE: A NEW OBJECT RELATIONS VIEW OF PSYCHOANALYSIS

Brunner-Routledge, 2003 ☞ Foreword by Joyce McDougall, D.Ed.

Winner of the 2004 National Gradiva® award from the National Association for the Advancement of Psychoanalysis

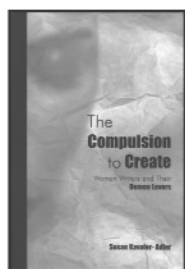
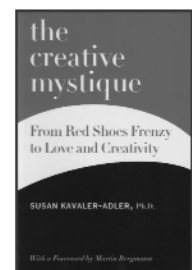
"Mourning, Spirituality and Psychic Change is an adventure into the intricacies, dialectics and developmental sequences in critical psychic change, observed in vivo in the clinical situation. We frequently hear the patient's voice, facilitating a much needed integration of the various kinds, modes and levels of mourning that need to be navigated in order to achieve self-integration and to sustain growth in love and creativity" - JOYCE MCDUGALL, D.ED.

THE CREATIVE MYSTIQUE:

FROM RED SHOES FRENZY TO LOVE & CREATIVITY

Brunner-Routledge 1996 ☞ Foreword by Prof. Martin Bergmann

"The Creative Mystique maintains the fascination and profundity of the author's earlier work. Dr. Kavalier-Adler has uniquely integrated the "Otherness" of the creative process with the chimerical male figure in the female artist's internal mental world to create the concept of the "demon lover." The author spans the horizon of the Kleinian, Object Relations, and Developmental literature, on one hand, and the artistic/literary biographical literature on the other. The effect is compelling and riveting." - JAMES S. GROTSSTEIN, M.D.



THE COMPULSION TO CREATE:

WOMEN WRITERS AND THEIR DEMON LOVERS

Routledge 1993, Other Press 2000 ☞ Foreword by Joyce McDougall, D.Ed.

"The Compulsion to Create is a superb account of distinguished female writers (Plath, Nin, the Brontë sisters, Dickinson and Sitwell) from a psychoanalytic object relations perspective. These writers often suffered tragic fates including suicide, fatal illness, lifelong withdrawal from people, or alienation from the world. At this current time in the American psychoanalytic dialogue, there is a tendency to idealize the creative process and to discuss it only in terms of 'healthy narcissism.' While presenting a sympathetic and respectful attitude toward the creative process, Kavalier-Adler nevertheless does not idealize it and is forthright in discussing the problems the artist may encounter."

- JEFFREY SEINFELD, PH.D.

Monthly Therapy & Support Group with Emphasis on the Individual Mourning, Grief, and Psychic Change Process: Opening Blocks to Love and Creativity

- ☞ Navigate past blocks, resistances, and psychic conflicts that have held you back in your life
- ☞ Learn how the mourning and grief process is critical to psychological change and development
- ☞ Group members help one another with deepening their awareness of defensive processes that block psychic surrender, and therefore block the capacities to connect, both with one's internal deeper self for creative self-expression and with others for love and intimacy

**For more information about both groups, please call
Dr. Susan Kavalier-Adler at 212.674.5425 or email
susan@kavaleradler.com.**

WWW.KAVALERADLER.COM

The Writing, Art & Creative Process Group: Opening Blocks to Self-Expression

- ☞ Address blocks and resistances related to writing, painting or any form of self-expression
- ☞ Open up a new sense of curiosity and intrigue when you experience "in-the-moment" thoughts and feelings
- ☞ In this creative process group, you can help a lonely process become a shared one
- ☞ Experience a truly life-giving process when you find the *word*, or *picture* to express the deeper life that lies within you

Dr. Susan Kavalier-Adler is Founder & Executive Director of the Object Relations Institute for Psychotherapy and Psychoanalysis. She specializes in mourning, grief and the creative process, as well as in private supervision of individuals & groups. She has received 11 awards for her contributions to the field of psychoanalysis (Arlene Wolberg awards from Postgraduate Center for Mental Health, and awards from the National Institute for the Psychotherapies). In 2004, she received a National Gradiva® award from the National Association for the Advancement of Psychoanalysis for her book Mourning, Spirituality & Psychic Change. Dr. Kavalier-Adler's offices are located in the Village and the Upper West Side of New York City.

James L. Morrell, N.C., PsyA., MA, BCPC, CGP, of New York City, Boston, and Bar Harbor, died August 1, 2008 at MDI Hospital. He was born May 8, 1929 in Fresno, California, and was the son of Vern I. and Victoria (Kiss) Morrell.

James Morrell graduated from the University of California at Fresno, the Center for Modern Psychoanalytic Studies, and the Boston Graduate School of Psychoanalysis, where he was later appointed to the position of Associate Clinical Professor. He was a summer resident of Bar Harbor since the early 1970's. A licensed, certified psychoanalyst specializing in groups, Morrell was a faculty member, supervisor, and training analyst at the Boston Graduate School of Psychoanalysis, the New York Center for the Advancement of Group Studies (New York), and the New England Society for Modern Group Studies, and he was a founder of the New England Academy for Psychoanalytic Studies (Portland, Maine). He was a member of the American Group Psychotherapy Association, The Society of Modern Psychoanalysts, the National Association for the Advancement of Psychoanalysis, and the American Psychological Association.

In addition to a psychoanalytic career, James Morrell was a musician and an artist. His work was exhibited in Gallery 84 (NYC), Gallery 111 in Croton-On-Hudson and the Hudson River Museum (both in New York), Gallery 1581 (Boston), and the internationally prestigious Chautauqua juried art festival in New York.

James Morrell is survived by his wife, Katherine (Colchie) Morrell; two daughters, Erika Katherine Morrell and Lauren Elizabeth Morrell; and four sisters, Julia Morrell and Florian Morrell, Sophie Morrell Hammond, and Athena Pappas Katsaros. He was predeceased by two sisters, Fern Morrell Gray and Ethel Morrell Goss.

Contributions in James Morrell's memory may be made to the Cooper-Gilmore Health Center, for the Cardiac Rehabilitation Program, 17 Hancock St., Bar Harbor, ME 04609.

Becoming a Jungian Analyst

OPEN HOUSE

For the Training Program of the C.G. Jung Institute of New York

Tuesday, October 21, 2008 at 8:00 p.m.

The C.G. Jung Center
28 East 39th Street, NYC

The C. G. Jung Institute's Training Program in Analytical Psychology

What is the training program about?

Why Jung? What is unique about Jung's work?

What are the strengths of the Institute and its training program?

What are some of the rewards and challenges of Jungian training?

What is meaningful and exciting about practicing as a Jungian analyst?

Join us for an informal reception and an opportunity to speak with members of our analytic community, the Faculty and Board of the Institute and candidates. If you are unable to attend and would like additional information about our training program, please visit our Web site at www.junginstitute.org or call (212) 986-5458.

RSVP: (212) 697-6430 or cgjungnj@aol.com .



CENTER FOR GROUP STUDIES

Even as this is being written in mid-August, the feel of fall is in the air and we at the Center for Group Studies are eagerly putting the finishing touches on our upcoming 2008-2009 programs. CGS programs are host to students from diverse backgrounds and professions where group process and activities are vital, including mental health, health care chaplaincy, health care, the arts, education, and corporations. We are proud of our diversity which encompasses students from all over the world.

CGS continues to offer a local program and a weekend program and we are pleased to provide these different programs to meet the time constraints of busy professionals. Fall semester classes in the local program begin on September 16. We look forward to a wonderful group of returning students for our second-year program and anticipate welcoming a lively group into our first-year program.

The first Weekend Training program for 2008-2009 meets October 24-26. This weekend program provides both 'out of towners' and local participants an opportunity to train over short periods of time – 3 weekends a year over 3 years. The weekend program is also an exciting and intense way for prospective students to get a flavor for the modern analytic approach to group process. Our training program in St. Petersburg, Russia starts up again this October and we are very excited to bring our knowledge and training to a

group of over 30 mental health professionals who are eager to discover what we offer.

On a more somber note, the Center for Group Studies mourns the passing of long-time faculty member James Morrell on August 1. Jim was not only a founder of our training program and a gifted clinician, but a dear friend and colleague. We will miss his warmth, compassion, humor, and gentle kindness.

We also mourn the passing of Toby Chuah Feinson on May 5. Toby was one of our founders and as the first Director of Administration was active and responsible for developing much of our infrastructure, programs, and policies. Toby did extraordinary work in the field of education in working with teachers, counselors, and students in NYC schools. She was a lover of learning and influenced others to be the same. Toby was a very clear thinker and an avid supporter of her friends and colleagues and all those earnest personnel in the NYC schools. We will miss her enthusiasm, vision, and dedication.

For more information about our programs, please visit us at www.groupcenter.org or call (212) 246-5055.



CENTER FOR HUMAN DEVELOPMENT

CHD is pleased to announce that New York State has registered its psychoanalytic program as licensure-qualifying. This means that CHD graduates are able to sit for the licensing exam in psychoanalysis and that students enrolled in

CHD's psychoanalytic program may see patients without being licensed in psychoanalysis, as long as they are in supervision with a licensed, approved supervisor. Once students graduate and are certified by CHD, they can apply directly to the state to sit for the licensing exam in psychoanalysis.

CHD continues to offer programs of study leading to certification in individual and group psychoanalysis, marriage and family therapy, and to the CASAC credential. NASW and NBCC continuing education credits have been approved for all classes. Many of our courses can be applied toward Heed University doctoral credit.

CHD's Fieldwork Program and Treatment Service are underway and we look forward to working with students in this important part of our clinical program.

Copies of the first issue of our journal, *Current Trends in Psychoanalysis and Psychotherapy*, are still available. It contains stimulating articles by some of the leaders in our field. Order your copy today!

For further information about our many programs, journal, and upcoming Open Houses, call CHD's Administrative Offices at (212) 642-6303, e-mail us at CtrHumanDev@aol.com, or visit TheCenterforHumanDevelopment.org.

Heed University's College of Psychoanalysis extends congratulations to its most recent graduate, Dr. Jane Gelsi! The title of her dissertation is: "Combined Therapy: Is this Modality More Effective for the Treatment of Troubled Marriages than the Individual or Conjoined Approach?" This paper will make an outstanding contribution to the literature.



**HEED UNIVERSITY'S
COLLEGE OF PSYCHOANALYSIS**

The College of Psychoanalysis of Heed University has many new candidates enrolled in both the Ph.D. and Psya.D. program. Heed's mentors are working well with the currently enrolled students whose dissertation topics will make significant additions to the field of psychoanalysis. You can view dissertation abstracts at: <http://heed.edu/dissertation/index.htm>.

Dr. Susan Blumenson, Student Liaison and Alumni Association Coordinator, is planning future events for the College of Psychoanalysis. We welcome all interested persons who wish to attend the informative Heed Alumni functions. For further information about events, please contact Dr. Blumenson at (212) 332-0905 or e-mail her at SusanRBlu@aol.com.

CHD is offering classes in conjunction with Heed's doctoral program; students can take classes for advanced credits toward their doctoral degrees. For information about the CHD courses which are approved for Heed credit, and taught by Heed faculty, please contact CHD (the Center for Human Development) at (212) 642-6303, or e-mail: CtrHumanDev@aol.com.

THE INSTITUTE FOR PSYCHOANALYTIC STUDIES, INC.

**THE INSTITUTE FOR
PSYCHOANALYTIC STUDIES, INC.**

Beginning in fall 2008, the Institute for Psychoanalytic Studies will be offering an Integrated Child Program. In this program, candidates take core courses along with candidates in the Psychoanalysis Adult Program and add specialization courses in child and adolescent analytic therapy. Candidates in the Integrated Child Program who wish to exercise the option of continuing study in the Adult Program can proceed with seamless transition. This is a 1-1/2- year program, with each semester comprising 16 weeks.

For further information, please contact the Institute for Psychoanalytic Studies at (201) 692-0860 or e-mail Dajrs4@aol.com.

**THE LONG ISLAND CENTER
FOR MODERN
PSYCHOANALYTIC STUDIES**

Fall Trimester

Class
Spotnitz & The Red Book
Instructor: Phyllis Beck, Licensed
Psychoanalyst

Workshops
September 20: Countertransference
Resistance, Evelyn Liegner, Ph.D.,
Instructor

November 1: A Psychoanalytic
Perspective on Adoption, Joan E. Hertz,
Ph.D.

For more information, please call (516)
942-0481.

**PSYCHOANALYTIC
PSYCHOTHERAPY STUDY CENTER**

The Psychoanalytic Psychotherapy Study Center continues its tradition as an institute that embraces multiple theoretical orientations using Contemporary Freudian, Modern Analytic, Relational Theory, Object Relation, Self Psychology, and Intersubjectivity as points of reference.

**Second Annual Lifetime Achievement
Award**

On Sunday, December 14, PPSC will be honoring Dr. Martin S. Bergmann with its *Second Annual Lifetime Achievement Award*. Dr. Bergmann will present "Psychoanalysis Past, Present, and Future: Can We Sustain Diversity without Fragmentation?" a paper originally delivered at the International Psychoanalytic Symposium in August 2007 in Berlin. Dr. Bergmann asks psychoanalysts influenced by all theoretical orientations to re-examine our historical heritage and to engage in a spirited discussion about our conflicts and controversies. In his analysis of the diverse paradigms of psychoanalysis from its inception, Dr. Bergmann argues that this re-examination is essential for analysts of all theoretical and clinical viewpoints. The discussant will be Dr. Frank Lachmann.

The Lifetime Achievement Award presentation will take place at the NYU Kimmel Center at 60 Washington Square South. Please note that early registration ends Monday, November 24. To register, call PPSC at (212) 633-9162.

WESTCHESTER INSTITUTE FOR TRAINING IN PSYCHOANALYSIS AND PSYCHOTHERAPY

The Westchester Institute for Training in Psychoanalysis and Psychotherapy is pleased to announce the establishment of the Westchester Institute Treatment Services, which provide low-cost, affordable therapy for children, adolescents, adults, couples, and families. The focus of the psychoanalytically oriented treatment is anxiety, depression, trauma, family and relationship conflicts, career issues, and identity concerns.

This service has two objectives: helping the community and providing candidates with clients in order to enhance their clinical experience. Clients can be seen in Manhattan, Brooklyn, Northern Westchester, and Putnam Counties. We also provide therapy at no cost to veterans returning from Iraq and Afghanistan as well as their families. For further information or to make a referral to the service, please contact the Institute at (914) 666-0163.

The WITPP program is distinguished by its eclectic nature which allows candidates to develop their unique professional identities. The Institute's curriculum and requirements fulfill New York State licensing requirements in Psychoanalysis. We are currently interviewing candidates for the winter 2008/2009 trimester.

Please contact us at (914) 666-0163 or visit our Web site to learn more about our training program and treatment services: www.westchesterinstitute.org

PSYCHOANALYTIC COMMUNITY CALENDAR

OCTOBER

- Oct. 10** – NPAP Scientific Meeting: The Oscar Sternbach Memorial Award: Otto Kernberg, "The Death Drive: A Contemporary View of the Controversy," 8 p.m., (212) 924-7440, www.npap.org .
- Oct. 16, 23, 30** – CMPS Semester Course: Introduction to Modern Psychoanalysis. Call (212) 260-7050, www.cmeps.edu .
- Oct. 14** – C.G. Jung Institute Chicago, Workshop: Exploring the Dynamics of our Personal Typologies. (312) 701-0400, www.jungchicago.org
- Oct. 16** – CMPS Alumni Association Reading Group: Embracing Eroticism in the Psychoanalytic Session, 7:30-9.00 p.m.
- Oct. 18** – NAAP 36th Annual Conference: Listening in the Age of Google
- Oct. 21** – C.G. Jung Institute NY: Open House, 8:00 p.m., (212) 697-6430, www.junginstitute.org
- Oct. 24-26** – CGS Weekend Training Program: Working with Unconscious Material: Dreams, etc. (212) 246-5055, www.groupcenter.org
- Oct. 24** – CMPS Breakfast Seminar: Homophobia: Dead or Alive, 9:30-11 a.m.
- Oct. 25** – PSP Panel Discussion on Hyman Spotnitz. (215) 732-8244, www.psptraining.com

NOVEMBER

- Nov. 1** – IEA Gala, 6-10 p.m. (212) 802-5462, www.ieany.com .
- Nov. 8** – Colorado Center for Modern Psychoanalytic Studies Conference: The Relational Aspects of Addictions, 9:00 a.m. – 5:30 p.m., (303) 449-3942, www.ccmeps.net .
- Nov. 6, 13, 20** – CMPS Semester Course: Introduction to Modern Psychoanalysis.
- Nov. 14** – CMPS Breakfast Seminar: Modern Approaches to Harm Reduction/Addiction Counseling, 10 a.m – 12 p.m.
- Nov. 14** – NPAP Scientific Meeting: Marcia Cavell "Musical Improvisation: The Route from Mind to Heart in Psychoanalysis," 8 p.m.
- Nov. 13** – CMPS Alumni Association Reading Group: Embracing Eroticism in the Psychoanalytic Session, 7:30-9.00 p.m.

DECEMBER

- Dec. 4** – CMPS Semester Course: Introduction to Modern Psychoanalysis
- Dec. 6** – CMPS Annual Scientific Conference: Sex and the Psyche, 10 a.m.-5 p.m.
- Dec. 14** – PPSC Annual Lifetime Achievement Award Conference, (212) 633-9162, www.ppsc.org .



IEA 30th Anniversary Scientific Meeting

A Talk by Michael Eigen

Sunday, October 5, 5:30 PM?Pure Vision Arts, 114 West 17th Street, NYC

IEA's founding Director of Training and Education Michael Eigen discusses his newest book, *Conversation with Michael Eigen*, a book of interviews and supervisions with Eigen by Aner Govrin. **Michael Eigen, PhD.**, has authored sixteen books, the latest being *Conversations with Michael Eigen* (with Aner Govrin). Eigen was the first Director of Training and Education for IEA and is a senior member of NPAP and on the faculty of the NYU Postdoctoral Program.

He has been leading a private weekly seminar for over thirty years on Bion, Winnicott, and Lacan. Eigen uses words, gestures, and tone to touch and create worldless places, and while he believes words are important (look how much he writes!) he feels they are sometimes messengers of what cannot be said.

"The conversations are wide-ranging, theoretically deep, and clinically acute. The supervisions are brilliant. Above all else, this book is just so much fun to read. How often do we have this kind of pleasure in our field? Read it, buy extra copies, and do give it to friends as a gift, for that is what this lovely book is." **Christopher Bollas.**



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Corporation of the National Association
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